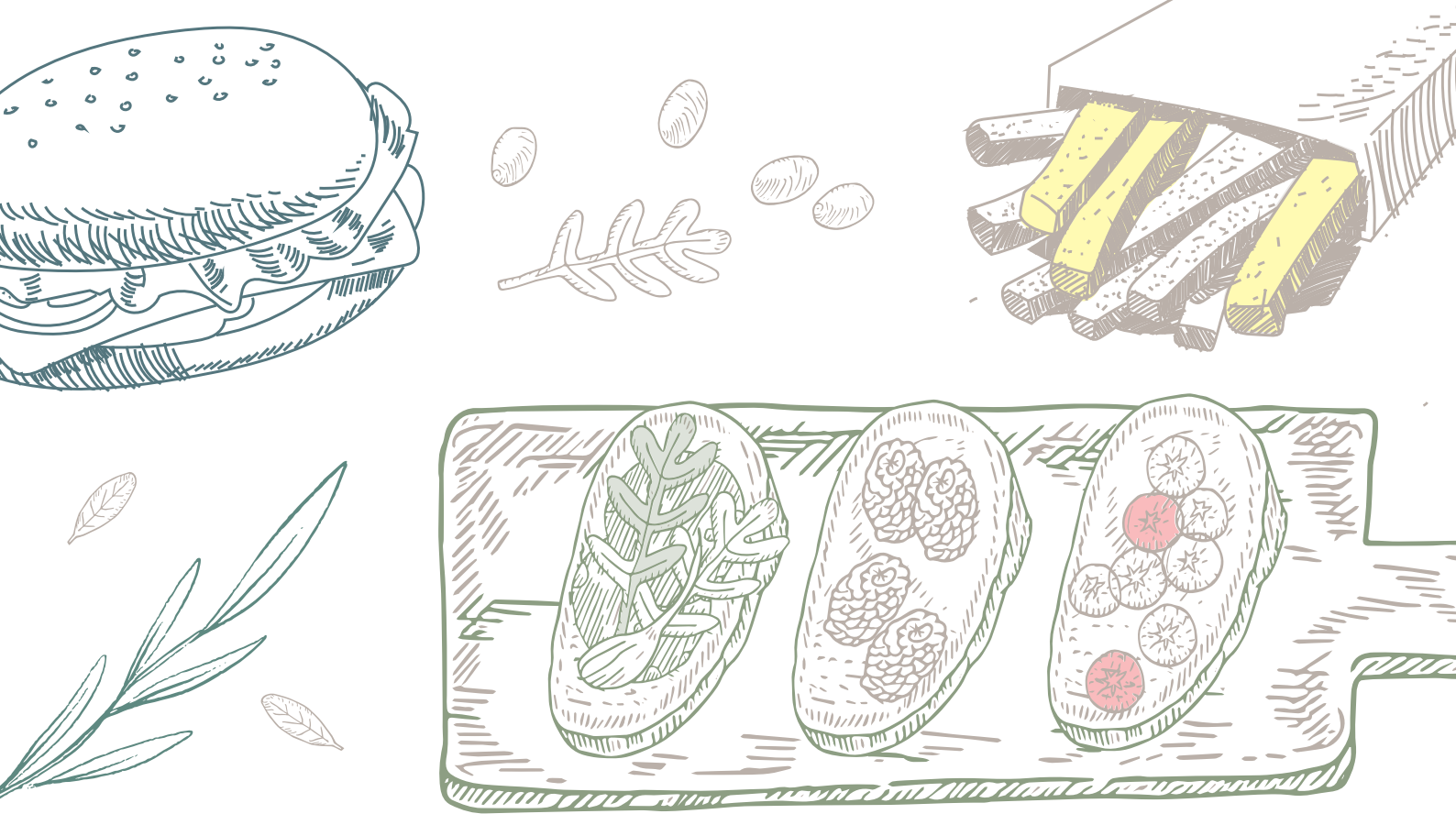


# simple.

*Meha*



# BREAKFAST

CHOICE OF BREAD  
 CIABATTA - RYE - SEEDED  
 WHITE & BROWN BREAD

**SIMPLY SIMPLE. BREAKFAST**  
 2 EGGS, BACON & TOAST



**ROASTY TOASTY SCRAMBLED EGGS** **V**  
 CHOICE OF BREAD TOPPED WITH CREAM CHEESE,  
 SCRAMBLED EGG, ROASTED CHERRY TOMATO & CHIVES

ADD BACON 25  
 ADD SALMON 39

**HALFWAY BREAKFAST**  
 2 EGGS, BACON, FRIED MUSHROOM, GRILLED TOMATO  
 & TOAST OF CHOICE

**SIMPLE. MEGA BREAKFAST**  
 2 EGGS, BACON, GRILLED TOMATO, CREAMY MUSHROOMS,  
 HASH BROWNS, PORK OR BEEF SAUSAGE, FRIES & TOAST

**THE FRENCH BREAKFAST**  
 FRENCH TOAST, EGGS, BACON, BEEF OR PORK SAUSAGE  
 & SYRUP. MADE WITH FARM STYLE WHITE BREAD

**EGGS BENEDICT**  
 GRILLED BACON, 2 POACHED EGGS TOPPED WITH  
 HOLLANDAISE SAUCE & ROCKET,  
 SERVED ON A ENGLISH MUFFIN

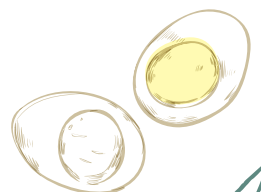
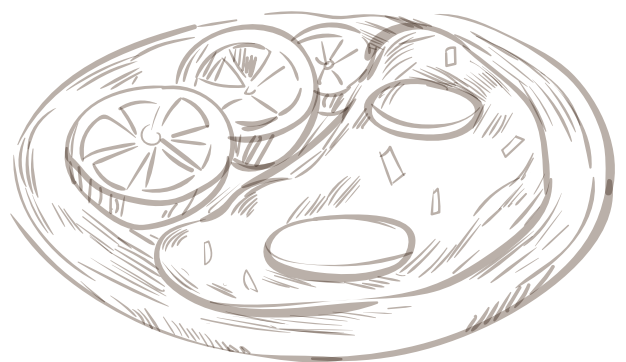
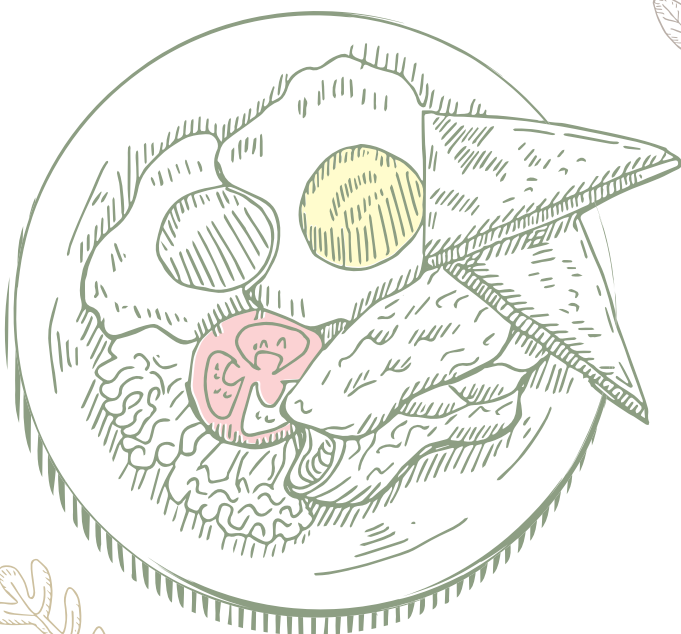
**PERI PERI LIVERS**  
 SERVED ON CHEESE TOAST WITH CARAMELIZED  
 ONION, CHERRY TOMATO & A POACHED EGG

**EGGS ROYALE**  
 SMOKED SALMON, 2 POACHED EGGS TOPPED  
 WITH HOLLANDAISE SAUCE & ROCKET, SERVED  
 ON A ENGLISH MUFFIN

**EGGS FLORENTINE** **V**  
 2 POACHED EGGS, BABY SPINACH, ROASTED CHERRY  
 TOMATO & HOLLANDAISE SAUCE, SERVED  
 ON A ENGLISH MUFFIN

**BREAKFAST BURGER**  
 BACON, EGG & CHEESE BURGER SERVED WITH CHIPS

- 80 SMASHED AVO & POACHED EGG, DANISH FETA & RED ONION** **V** **124**  
 ON TOAST OF CHOICE  
 ADD BACON 19  
 ADD SALMON 39
- 87 THE VEGAN** **V** **124**  
 CRUSTY CIABATTA WITH HUMMUS, FRIED MUSHROOMS,  
 ROASTED CHERRY TOMATO, SUNFLOWER SEEDS & ROCKET  
 SIDE SALAD WITH LEMON WEDGE
- 111 SHAKSHUKA SPICY EGGS WITH CIABATTA** **120**  
 TOMATO SHAKSHUKA WITH PEPPERS & CHORIZO  
 TOPPED WITH 2 EGGS & PARSLEY
- 175 AMERICAN BENEDICT** **169**  
 SOUTHERN FRIED CHICKEN BREAST, 2 POACHED EGGS &  
 HOLLANDAISE SAUCE SERVED ON ENGLISH MUFFIN.
- 139 SAVOURY MINCE & CHEESE WAFFLE** **121**  
 ADD EGG 10
- 124 SMOKED SALMON WAFFLE** **175**  
 CREAM CHEESE, SMASHED AVO, CRISPY CAPERS, PICKLED  
 RED ONION, MARINATED CHERRY TOMATO & LEMON
- 127 SOUTHERN FRIED CHICKEN & WAFFLES** **144**  
 BACON & SYRUP
- 157 250G RUMP, EGG, CHIPS** **187**  
 SERVED WITH MUSHROOM AND PEPPER SAUCE  
 WITH A CHOICE OF SIDE CHIPS OR SALAD
- 132 PANKO FRIED CHICKEN STRIPS & FRIES** **111**  
 WITH BBQ OR MAYO DIP & LEMON WEDGE
- GRILLED HALLOUMI WITH SWEET CHILLI** **99**



# SWEET BREAKFAST

## FRENCH TOAST

MADE WITH FARM STYLE WHITE BREAD

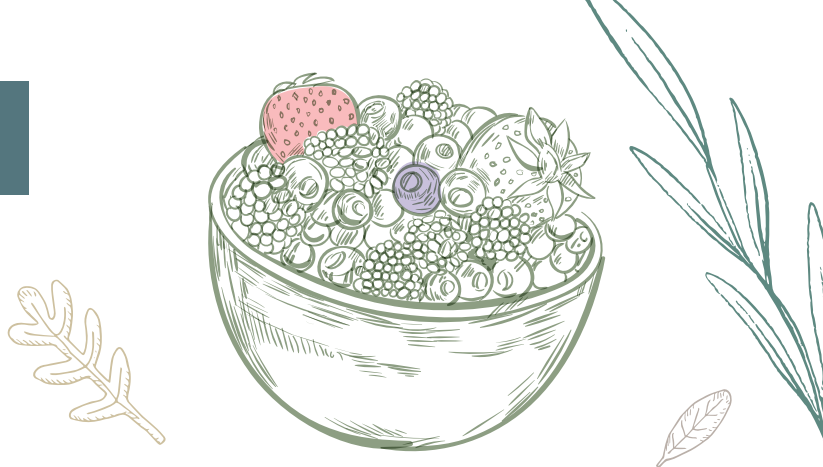
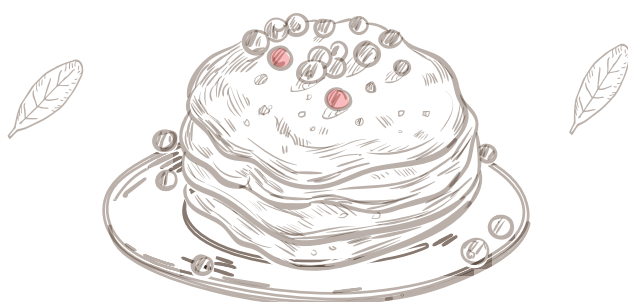
SYRUP & CREAM (V)	87
CARAMELIZED BACON & BANANA WITH SYRUP	111
BERRY COMPOTE, VANILLA ICE CREAM & SYRUP (V)	120

## WAFFLES (V)

SYRUP & CREAM	74
VANILLA ICE CREAM & BAR ONE SAUCE	99
PEPPERMINT CRISP & VANILLA ICE CREAM	99
CHOC-CHIP WAFFLE WITH VANILLA ICE CREAM, CINNAMON SUGAR & SYRUP	99
BANANA CARAMEL & VANILLA ICE CREAM	111

## FLAPJACKS

CLASSIC SYRUP, BUTTER, CREAM (V)	92
CRISPY BACON, BUTTER, CREAM	121
NUTELLA, BANANA, ROASTED NUTS (V)	121
CHOC CHIP, BAR ONE, ICE CREAM (V)	121



# HEALTH BREAKFAST & SMOOTHIES

ALL SMOOTHIES CONTAIN HONEY & DAIRY  
ASK YOUR WAITRON FOR VEGAN OPTION

**FRESH FRUIT GRANOLA BOWL (V)** 111  
ASSORTED SEASONAL FRESH FRUIT, GREEK YOGHURT, GRANOLA WITH HONEY & MINT

**FRUIT SALAD (V)** 111  
ASSORTED SEASONAL FRUIT, GREEK YOGHURT, HONEY & MINT

**SMOOTHIES (V)** 81  
STRAWBERRY, BANANA & AVO  
BLUEBERRY, BABY SPINACH, CHIA SEEDS & OATS  
BANANA, OATS, ROASTED PEANUTS & COCONUT MILK  
MIXED BERRY & COCONUT MILK  
BEETROOT & APPLE



# LIGHT MEALS

SIDE OF CHIPS OR SALAD

## OPEN SANDWICH

SERVED WITH TOAST OF CHOICE & SIDE SALAD

**THE SPICY AVO** 162  
CREAM CHEESE, BACON, AVO, POACHED EGG, HOLLANDAISE SAUCE & CHILLI FLAKES

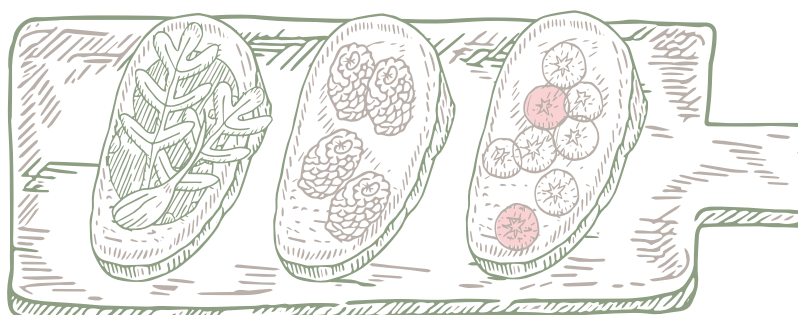
**SALMON FREAK** 162  
CHUNKY COTTAGE CHEESE TOPPED WITH SMOKED SALMON, RED ONION, ROASTED CHERRY TOMATO, CUCUMBER STRIPS & DILL, SERVED WITH LEMON WEDGE & AVO

**CHICKEN MAYO DELI** 124  
CHICKEN MAYO MADE WITH OUR HOUSE MADE MAYO, BACON, PICKLES, CARAMELIZED ONION & CARROT SWIRLS

**GARLIC SHROOMS & BASIL PESTO (V)** 120  
CHUNKY COTTAGE CHEESE, BABY SPINACH, GARLIC FRIED MUSHROOMS TOPPED WITH BASIL PESTO, CHERRY TOMATOES, DANISH FETA, PARMESAN & FINELY CHOPPED PARSLEY

**H&M CHICKEN** 149  
TOAST TOPPED WITH MOZZARELLA, GRILLED CHICKEN, AVO, BACON & DRIZZLED IN OUR HOUSE MADE HONEY & WHOLE-GRAIN MUSTARD SAUCE

**PROSCIUTTO LOVE** 162  
PROSCIUTTO, CREAM CHEESE, ROCKET, FIG, CAMEMBERT DRIZZLED IN OLIVE OIL & CRACKED BLACK PEPPER



## BUDDHA BOWL



### TERIYAKI CHICKEN & EGG NOODLE 162

WITH SHREDDED CARROT & BEETROOT, GRILLED BABY MARROW, AVO, MIXED SESAME SEEDS, SPRING ONION & DRIZZLED IN SPICY SMOKEY MAYO

### SMOKED SALMON BOWL 162

SMOKED SALMON ON A BED OF ROCKET TOPPED WITH DANISH FETA & SESAME SEEDS, 2 BOILED EGGS, AVO & CHERRY TOMATOES

### FALAFEL BOWL 157

CRISPY BALLS OF FALAFEL, RED CABBAGE SLAW, AVO, BABY SPINACH, CUCUMBER TOPPED WITH CRISPY ONIONS & TZATZIKI DRESSING

### PORK BOWL 160

BBQ PULLED PORK, JASMINE RICE, AVO, FETA, PICKLED RED ONION, SRIRACHA MAYO, CORIANDER & SESAME

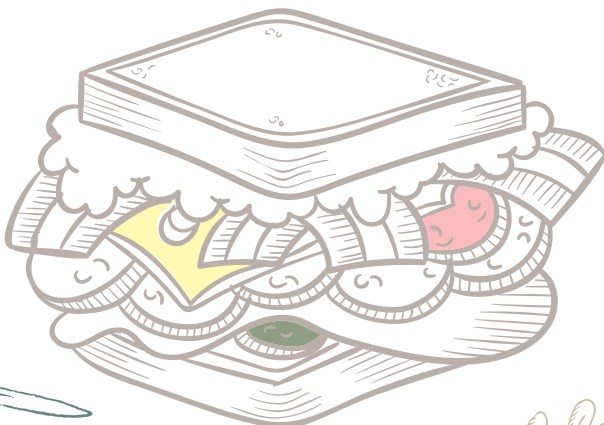
### BUTTERNUT BOWL 153

ROASTED BUTTERNUT, JASMINE RICE, GRILLED BROCCOLI, CORN, RED CABBAGE, TOASTED SUNFLOWER & PUMPKIN SEEDS WITH THAI PEANUT DRESSING

## TOASTIES

CHOICE OF BREAD:  
CIABATTA - RYE - SEEDED  
WHITE - BROWN  
ALL TOASTIES ARE SERVED  
WITH FRIES OR SALAD

CHEESE (V)	62
BACON & EGG	75
BACON & CHEESE	75
BACON, EGG & CHEESE	87
CHICKEN MAYO	86
CHICKEN MAYO, BACON & PICKLES	99
CHEESE & TOMATO (V)	75
HAM & CHEESE	75
CHEESE & ONION (V)	75



## WRAPS

SERVED WITH FRIES OR SALAD

*Delicious*

### GRILLED CHICKEN & BACON 139

AVO, RED CABBAGE WITH HONEY & WHOLE-GRAIN MUSTARD SAUCE

### FALAFEL WRAP 139

CRISPY BALLS OF FALAFEL, HUMMUS, TOMATO, CUCUMBER, CRISPY ONIONS & YOGHURT DRESSING

### PANKO FRIED CHICKEN STRIPS 139

LETTUCE, TOMATO, CHEDDAR CHEESE & HOMEMADE MAYO

### BEEF FILLET WRAP 157

CARAMELIZED ONION, CAMEMBERT, ROCKET, TOMATO & GARLIC AIOLI

## SALADS



### HOUSE SALAD 107

LETTUCE, CHERRY TOMATO, BLACK OLIVES, DANISH FETA, CHERRY TOMATO, AVO & ROASTED MIX SEEDS

ADD CHICKEN 25

ADD SALMON 39

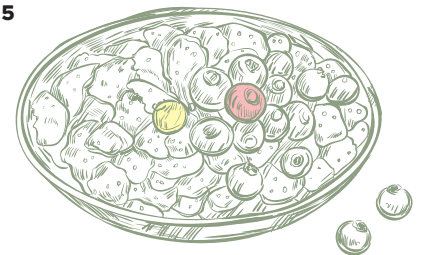
### REFRESHED SALAD 111

LETTUCE, ROCKET, CUCUMBER, MIXED SEEDS, FETA, AVO, BLUE CHEESE, BACON & CHUNKY TOMATO

### WALDORF SALAD 111

APPLE, CELERY, GRAPES & WALNUTS TOSSED IN OUR HOUSE MADE MAYO DRESSING

ADD CHICKEN 25



## LOADED FRIES

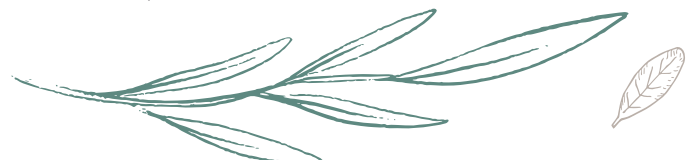
### CREAMY CHEESE SAUCE & BACON 120

### H&M GRILLED CHICKEN 139

WITH FETA & CRISPY ONION

### SOMETHING SPICY 120

DRIZZLED IN SPICY SMOKEY MAYO, CHILLI OIL, PAPRIKA, ROASTED NUTS, CORIANDER & LEMON



# MINI ROOSTERKOEK PIZZA

TOPPED WITH FRESH SALAD

MARGHERITA – TOMATO BASE & MOZZARELLA (V)	77
PROSCIUTTO, CRÈME FRESH & PRESERVED FIG	116
FETA, AVO, BACON	105
CHICKEN, FETA, PEPPADEW & AVO	105
PULLED PORK, PINEAPPLE, JALAPENO	109
BEEF FILLET, BLUE CHEESE & CARAMELIZED ONION	121
MUSHROOM, SUNDRIED TOMATO & FETA (V)	98

## SIDES

TEASE THE PALLET 

CRISPY ONIONS	37
FRIES	48
TOAST WITH PRESERVES BUTTER, JAM & CHEESE	51
CRUMBED MUSHROOMS	80

BON  
APPÉTIT

## SMASH BURGERS

170g

ALL BURGERS COME WITH 170G SMASHED BEEF OR CHICKEN PATTY SERVED WITH HAND CUT CHIPS OR SALAD & OUR HOUSE MADE BURGER SAUCE

<b>SIMPLE. ORIGINAL</b>	124	<b>TURKISH FALAFEL BURGER</b> 	144
PURE BEEF OR CHICKEN WITH GARNISH & BURGER SAUCE		CRISPY BALLS OF FALAFEL, CRISPY ONIONS AND YOGHURT DRESSING	
<b>CHEESED UP</b>	131	<b>THE FRENCHMAN</b>	157
THE REAL DEAL CHEESE BURGER		CRISPY PANCETTA, CREAM CHEESE, DIJON MUSTARD, ROCKET & CAMEMBERT	
<b>THE BACONATOR</b>	144	<b>BIG J SMOKEY</b>	149
DOUBLE THE CHEESE, DOUBLE THE BACON		MOZZARELLA CHEESE, FRIED CHORIZO, PICKLES JALAPENOS, CRISPY ONIONS DRIZZLED IN SMOKEY PAPRIKA MAYO	
<b>SWEET HOME AVOCADO</b>	144	<b>THE BASIL</b>	144
AVO, BACON & CRISPY ONION		SUNDRIED TOMATO PESTO, BALSAMIC CARAMELIZED ONIONS, AVO & BASIL PESTO	
<b>THE GERRY</b>	144		
DEEP FRIED CAMEMBERT & CARAMELIZED ONION			
<b>THE CRISPY QUACKERS</b>	139		
CRISPY FRIED CHICKEN, RED CABBAGE SLAW & PICKLES			



## HOT REFRESHMENTS

BABY CHINO	19
MACCHIATO	25
ESPRESSO	23
AMERICANO	25
DECAF AMERICANO	26
CAPPUCCINO	40
DECAF CAPPUCCINO	44
LATTE	48
DECAF LATTE	53
FLAT WHITE	43
FROZEN CAPPUCCINO	48
MOCHA CHOCO	48



MORE  
Coffee  
Please

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HOT WATER	18
HOT WATER, LEMON & HONEY	30

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CEYLON TEA	20
ROOIBOS TEA	20
GREEN TEA	20
EARL GREY LEMON, STRAWBERRY OR CINNAMON	20



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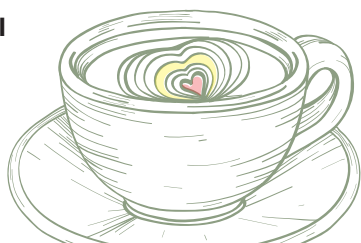
RED CAPPUCCINO	48
RED LATTE	48

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ADD HONEY	14
ADD CREAM	14

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MILO	42
BELGIUM HOT CHOCOLATE	48
WHITE HOT CHOCOLATE	53
HOT GINGER CHOCOLATE	53
SPICED CHAI	53
VANILLA CHAI	53



## COLD REFRESHMENTS

MINERAL WATER	440ML 25	750ML 43
SPARKLING WATER	440ML 25	750ML 43
CORDIALS WITH WATER		31
CORDIALS WITH LEMONADE/SODA		43
SODAS		31
FRESH JUICE (MANGO, ORANGE, APPLE & TROPICAL)		37
GRAPE/APPLE TIZZERS & ICED TEA		43
ORGANIC ORANGE JUICE		
SMALL		41
LARGE		76

## MILKSHAKES

62

CHOCOLATE	SALTED CARAMEL
VANILLA	COOKIES & CREAM
STRAWBERRY	COFFEE
LIME	BUBBLEGUM

## SPECIALITY

74

MILO	
OREO	KIT KAT
BAR ONE	PEPPERMINT CRISP
NUTELLA	CHOC BROWNIE

## CAKES

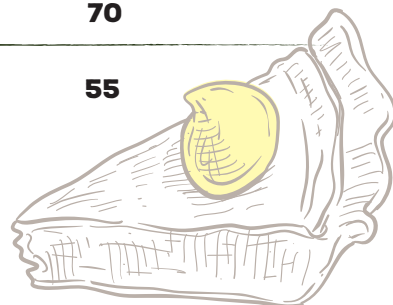
YUM!

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CAKES	70
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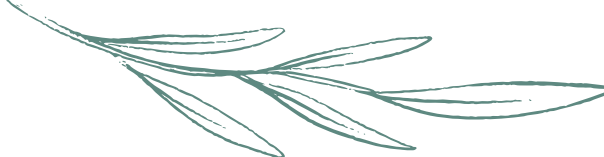
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MUFFINS	55
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# Wine



 **GLASS OF WINE 250ML**

 **BOTTLE OF WINE 750ML**

**ZERO CORKAGE POLICY / 10% Service Charge on tables of 6 or more**

## HOUSE WINES



**KLEIN SNEEUBERG WO WESTERN CAPE SAUVIGNON BLANC**  
FRESH-FRUITY-REFRESHING

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE CHENIN BLANC**  
CRISP-FRESH-PEACHES-PEARS

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE CHARDONNAY**  
LEMON-LIME-CRISP-FRESH

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE DRY ROSÉ**  
MADE FROM SYRAH-PERFECT FOR SUMMER LUNCHES

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE MERLOT**  
SMOOTH-ROUND-DARKRED FRUIT-PLUM FLAVOURS

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE CABERNET SAUVIGNON**  
DARK-RICH FRUIT-SOFT TANNINS

65 175

**KLEIN SNEEUBERG WO WESTERN CAPE PINOTAGE**  
FULL-FRUITY-SMOOTH-CHOCOLATE

65 175

**FIRE FINCH COLLECTION BY STELLENVIEW SHIRAZ**  
SOFT TANNINS. VANILLA & LIQUORICE

65 175

**SUNKISSED NATURAL SWEET ROSE**  
IRRÉSISTIBLE CRUSHED STRAWBERRY, ROSE WATER & TURKISH DELIGHT

65 175

## WHITE WINES



**ROSE**

**KLEIN SNEEUBERG WO WESTERN CAPE DRY ROSÉ**  
MADE FROM SYRAH-PERFECT FOR SUMMER LUNCHES

65 175

**SUNKISSED NATURAL SWEET ROSE**  
IRRÉSISTIBLE CRUSHED STRAWBERRY, ROSE WATER & TURKISH DELIGHT

65 175

**JAKKALSVLEI PRIVATE CELLAR PINK MOSCATO**  
BEADS OF TROPICAL FRUIT FLAVOURS OF LITCHI & STRAWBERRIES.  
LIQUID TURKISH DELIGHT.

197

**PETTILANT LIGHT**

**RIEBEEK VALLEY WINE CO MONTINO LIGHT OFF DRY WHITE BLEND**  
PEACH & DELICATE ORANGE BLOSSOMS. LIGHT & REFRESHING

164

**SAUV BLANC**

**KLEIN SNEEUBERG WO WESTERN CAPE SAUVIGNON BLANC**  
FRESH-FRUITY-REFRESHING

65 171

**FIRE FINCH COLLECTION BY STELLENVIEW**  
LINGERING MEDLEY OF FRUIT. CRISP WITH MOUTH FILLING VISCOSITY

175

**SPRINGFIELD LIFE FROM STONE**  
FLINTY GUNPOWDER & TROPICAL PASSION FRUIT

274

**CHENIN BLANC**

**KLEIN SNEEUBERG WO WESTERN CAPE CHENIN BLANC**  
CRISP-FRESH-PEACHES-PEARS

65 175

**PERDEBERG G.O.A.T**  
OLD VINE CHENIN. WHITE PEAR & QUINCE. RICH PALATE.

187

**CHARDONNAY**

**KLEIN SNEEUBERG WO WESTERN CAPE CHARDONNAY**  
LEMON-LIME-CRISP-FRESH

65 175

**FIRE FINCH COLLECTION BY STELLENVIEW**  
CITRUS & LIME NOTES. PERFECT COMPANION FOR LUNCH TIME ENJOYMENT

175

# RED WINES



MERLOT	<b>KLEIN SNEEUBERG WO WESTERN CAPE MERLOT</b> SMOOTH-ROUND-DARK RED FRUIT-PLUM FLAVOURS	65	175
	<b>ROOS FAMILY WINES BY MOOPLAAS. THE COCO MERLOT</b> SEDUCTIVE FLAVOURS OF CHOCOLATE & COCO. AN EXCEPTIONAL MERLOT		187
SHIRAZ	<b>FIRE FINCH COLLECTION BY STELLENVIEW SHIRAZ</b> SOFT TANNINS.VANILLA & LIQUOR ICE	65	175
	<b>ROOS FAMILY WINES BY MOOPLAAS. THE MULBERRY SHIRAZA</b> MEDIUM-BODIED SHIRAZ WITH RICH & RIPE CHERRY, MULBERRY & BLACKBERRY FLAVOURS.		187
CAB SAUV	<b>KLEIN SNEEUBERG WO WESTERN CAPE CABERNET SAUVIGNON</b> DARK-RICH FRUIT-SOFT TANNINS	65	175
	<b>WARWICK THE FIRST LADY</b> DARK CHOCOLATE, BLACK BERRIES & CASSIS. PURE & FRESH		263
RED BLENDS	<b>VAN ZIJL SHIRAZ/MOURVEDRE WO WELLINGTON</b> JUICY PACKED WITH RIPE BERRIES & SAVOURY SPICES		175
	<b>VAN ZIJL RESERVE BLUE INK BORDEAUX STYLED BLEND WO WELLINGTON</b> A SIGNATURE BLEND OF CABERNET & MERLOT. ROBUST & DARK WITH SMOOTH TANNIN GRIP.		428
	<b>NABYGELEGEN SCARAMANGA RED BLEND</b> A BLEND OF CABERNET, MERLOT, MALBEC/TEMPRANILLO. AN OPULENT WINE WITH BLACKCURRANT, SWEET BERRIES & PEPPER. RIPE SOFT TANNINS		252
	<b>STETTYN FAMILY VINEYARDS GUARDIAN SHIRAZ/CABERNET</b> A SIGNATURE BLEND OF SHIRAZ, CABERNET & DURIF. DOUBLE GOLD		241
	<b>STETTYN FAMILY VINEYARDS STONE RANGE RED</b> A BLEND OF CABERNET & MERLOT. SUPPLE TANNINS WITH A LOVELY DRY FINISH. GREAT DRINKABILITY		153
Bubbly	<b>BOTTEGO SECCO ITALIAN STYLED SPARKLING WINE</b> LIGHT & CRISP-ZESTY-LIME-GRANADILLA	87	318
	<b>SNOW MOUNTAIN VONKEL</b> FRESH AROMAS OF GREEN APPLE. AN ELEGANT SPARKLING FROM CHENIN		208
	<b>VALDO ORO BLANC DE BLANC</b> PERSISTENT, EXUBERANT & HARMONIOUS TASTE WITH PLEASANT RESIDUAL SWEETNESS		263
Beers	<b>CARLING BLACK LABEL</b>		43
	<b>CASTLE LAGER</b>		43
	<b>CASTLE LITE</b>		43
	<b>HEINEKEN &amp; HEINEKEN NON ALCOHOLIC</b>		43
	<b>WINDHOEK DRAUGHT</b>		65
	<b>CORONA</b>		65
Ciders	<b>HUNTERS EXTREME/GOLD/DRY</b>		54
	<b>SAVANNA LIGHT/DRY/NON ALCOHOLIC</b>		54
	<b>BRUTAL FRUIT</b>		54
	<b>LOXTONIA ORCHARD TO BOTTLE. NON ALC APPLE CIDER &amp; CHERRY APPLE CIDERS</b>		76
Cocktails	<b>APERITIVO SPRITZ</b> APERITIVO & VALDO PROSECCO	120	
	<b>LIMONCELLA SPRITZ</b> LEMONCELLO & SECCO	98	
	<b>THE MIMOSA</b> ORANGE JUICE & VALDO PROSECCO	98	
	<b>AURORA BERRY VANILLA</b> THE LUSCIOUS BERRY INFUSED LOW ALCOHOL WINE OVER ICE & A SPLASH OF BITTERS	76	
	<b>THE ROCK SHANDY</b> SODA & LEMONADE WITH SLASHES OF BITTERS	65	

