

FROZEN MEALS

Beef lasagne	
- 700g (serves 2)	R150
- 2kg (serves 6)	R450
Creamy chicken, spinach and feta lasagne 700g (serves 2)	R150
Mushroom, feta, spinach and tomato lasagne (V) 700g (serves 2)	R150
Mutton curry (serves 1)	R120
Butter chicken (Mild) (serves 1)	R90
Curried mince with potato and rice (serves 1)	R85
Cottage pie (serves 1)	R80
Chicken ala king - comes with rice (serves 1)	R80
Chilli con carne (serves 1)	R75
Meatballs in marinara (4 meatballs)	R85
Meatballs in marinara (8 meatballs)	R160

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FROZEN SOUPS

Butternut soup 600g	R50
Pulled beef vegetable and barley soup 600g	R50
Creamy roast chicken and vegetable 600g	R50

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EXTRAS

Burger patties 4's	R90
Chicken schnitzel 4's	R90
Gyoza pork dumplings 24's	R180

*Fresh, home-made goodness...
from our kitchen to yours!*